

The Truth About Radio Frequency Treatment

St Thomas' Hospital Pain Management Department



08:00 – 08:30 Registration & Refreshments

Session I *Overview*

Chair: Adnan Al-Kaisy

08:30 – 08:40 **Welcome & Introduction**

Adnan Al-Kaisy

08:40 – 09:00 **RF: Past, Present, Future**

Rajesh Munglani

09:00 – 09:20 **Physics Behind RF**

Eric Cosman

09:20 – 09:40 **Why RF may fail**

Chris Wells

09:40 – 10:00 **What evidence is needed to satisfy the critics?**

Turo Nurmikko

10:00 – 10:20 **Questions & Discussion**

All

10:20 – 10:50 Refreshments

Session II *Controversy in RF Treatment*

Chair: Patrick R. McGowan

10:50 – 11:10 **RF in the management of chronic lower back pain**

For: Chris Wells | Against: Charles Pither

11:10 – 11:30 **Heat VS Pulse RF**

For: Gabor Racz | Against: David Pang

11:30 – 11:50 **Diagnostic Block is Essential**

For: Robert Wright | Against: Olav Rohof

11:50 – 12:10 **RF is cost effective**

For: Tom Smith | Against: TBA

12:10 – 12:30 **Questions & Discussion**

All

Faculty

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|--------------------|-----|--------------------|-----|
| Adnan Al-Kaisy | UK | Chris Wells | UK |
| Patrick R. McGowan | UK | Ricardo Ruiz López | ESP |
| Lourdes Gaspar | UK | Charles Pither | UK |
| Gabor Racz | USA | Turo Nurmikko | UK |
| Olav Rohof | NL | Robert Wright | USA |
| Alex Teixeira | POR | Rajesh Munglani | UK |
| Eric Cosman | USA | Tom Smith | UK |
| David Pang | UK | Hartmut Neumann | GER |

12:30 – 13:30 Lunch

Session III *Practical Applications of RF*

Chair: Ricardo Ruiz López

13:30 – 13:50 **Pain Within the Spine**

Olav Rohof

13:50 – 14:10 **Pain Outside the Spine**

Patrick R. McGowan

14:10 – 14:30 **Malignant Pain**

Adnan Al-Kaisy

14:30 – 14:50 **How Safe is RF Denervation Therapy?**

Gabor Racz

14:50 – 15:30 **Voting & Consensus**

All

15:30 – 15:50 Refreshments

Session IV *Future applications of RF*

Chair: Lourdes Gaspar

15:50 – 16:00 **Pulse RF of DRG using Epi Navigator**

Hartmut Neumann

16:00 – 16:10 **Bipolar RF Technique**

Eric Cosman

16:10 – 16:20 **Nimbus**

Robert Wright

16:20 – 16:30 **Pulsed RF for Discogenic Pain**

Ricardo Ruiz López

16:30 – 16:50 **Questions & Discussion**

All

16:50 – 17:00 Conclusion & Closing Remarks

Further Information

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